

## Supplementary Material 1

### ICF-TINNITUS INVENTORY (ICF-TINI)

Instruction: Please respond to these items with reference to your concern of tinnitus. Please put a  $\surd$  against each statement as per the rating given below. Please mention as NA (Not applicable) if any of these items are not applicable to you.

- 0 if No Problem
- 1 if Mild Problem
- 2 if Moderate Problem
- 3 if Severe Problem
- 4 if Complete Problem

Serial no.	ICF code	Items	0	1	2	3	4
1.	b1400	Sustaining attention in an activity					
2.	b1263	Psychic stability (ability to be calm and composed vs. feeling worried, irritated)					
3.	b1266	Confidence (assurance vs. feeling insecure)					
4.	b1522	Emotional stability (ability to regulate emotions vs. feeling angry, anxious)					
5.	b1341	Onset of sleep					
6.	b1342	Maintenance of sleep					
7.	d3503	Interacting with someone					
8.	d115	Listening to music or radio					
9.	d116	Listening to someone talk					
10.	d3600	Talking over the telephone using affected ear					
11.	d2401	Handling stressful situations					
12.	d2302	Satisfactorily completing job at workplace or home					
13.	d9205	Enjoying social activities such as going out for dinner or movie					
14.	d166	Reading					
15.	d163	Meditating or Praying					

Overall score:

- 0–2 No Problem (0–4%)
- 3–14 Mild Problem (5–24%)
- 15–29 Moderate Problem (25–49%)
- 30–57 Severe Problem (50–95%)
- 58–60 Complete Problem (96–100%)